

“From cancer to arthritis, cataracts to kidney stones, obesity to heart disease, this is the best possible guide available for your animal companion. Dr. Goldstein is the Dr. Spock for your pet; his advice is timely, scientifically based, and the best help that your pet can get.”

--Gary Null, Ph.D., bestselling author,
nationally syndicated radio and TV host

THE GOLDSTEINS' WELLNESS & LONGEVITY PROGRAM FOR DOGS AND CATS

Robert S. Goldstein, V.M.D., and Susan J. Goldstein

Americans spent over \$8 billion on veterinary services last year, according to the U.S. Census Bureau. Health care costs for animals are rising. But so are the rates of arthritis, cancer, and other degenerative diseases suffered by our cherished dogs and cats.

Robert S. Goldstein, V.M.D., and Susan J. Goldstein have devoted three decades to finding a better way to care for our animal companions. Through their Healing Center for Animals and their popular Westport-CT store Earth Animal, they have educated thousands of people on safe, effective, and affordable alternatives to standard veterinary practices, combining ancient natural therapies, holistic approaches, and breakthrough medical discoveries. They now offer all devoted animal guardians the benefits of their easy-to-follow, integrative program for keeping canine and feline friends feeling vibrant in **THE GOLDSTEINS' WELLNESS & LONGEVITY PROGRAM FOR DOGS AND CATS** (T.F.H. Publications; \$19.95).

“It’s our mission to help very sick animals, but it’s our vision to show you how to prevent disease and restore superb health by focusing on wellness,” the Goldsteins assure their readers. “We know that you want nothing less than a long, healthy, love-filled life for your animal, and we share your goals.”

Backed by compelling research findings and a wealth of personal experience, **THE GOLDSTEINS' WELLNESS & LONGEVITY PROGRAM FOR DOGS AND CATS** dispenses practical prescriptions for three dozen common conditions, from feline acne (start by switching food and water bowls from bacteria-harboring plastic to stainless steel, porcelain, or glass) to teething (gently rub aloe vera gel onto a puppy’s gums and invite healthy chewing on chunks of raw carrot). This handy, A-to-Z treatment directory, however, is only one chapter of the book. With expert insights, clear recommendations, and support from the Goldsteins at every step, animal caretakers will discover:

- The immune-boosting powers of the right nutrition—and what’s wrong with most commercial dog and cat food. Learn how to rate any pet food on the strength of its proteins (beware of “by-products”), fats, additives, and more. Then, learn an amazing, easy way to enhance it—with nutritional supplements and wholesome “people” food (yes, even finicky cats will chow down on salad, hold the dressing).

- The role of animals' emotions on their physical health and behavior—and the toll of a human companion's stress. Get to the root of a pet's sudden aggressiveness. Find simple ways to ease a latchkey pooch's sad-eyed loneliness. Take inspiration from an animal's capacity for unconditional love and forgiveness.
- Proven holistic treatments for everything from fleas to diabetes. Learn how diet, exercise, herbal remedies, homeopathic measures, and a simple blood test can spare cats and dogs from the side effects of potent drugs—and be spared expensive veterinary bills.
- The most up-to-date methods for preventing and managing dreaded diseases, including cancer. Understand the dangers of over-vaccination. Protect pets against infectious tick-borne illnesses. Recognize the early warning signs of heart disease. Learn tricks to keep an aging dog active and mentally alert.
- The healing powers of alternative therapies for dogs and cats. Find basic recipes and specific guidelines for using flower essences. Master the arts of soothing music and massage. Explore the possibilities of veterinary acupuncture.

Reassuring and informative, complete with a directory of healing products and services, **THE GOLDSTEINS' WELLNESS & LONGEVITY PROGRAM FOR DOGS AND CATS** is an invaluable resource. By sharing their expertise, their beliefs, and an array of health-enhancing choices, the Goldsteins offer every animal guardian hope for enjoying special canine and feline friends for a long time to come. The book is available at Earth Animal, 203.222.7173, or online at earthanimal.com and amazon.com.

ABOUT THE AUTHORS: **ROBERT S. GOLDSTEIN, V.M.D.**, a holistic veterinarian for over 30 years, is Director of Veterinary Services of Animal Nutrition Technologies and the Healing Center for Animals. The founder of modern cryosurgery, he specializes in treating canine and feline cancer and other immune-suppressive diseases. He has formulated over 100 nutritional products for dogs and cats. **SUSAN J. GOLDSTEIN** has been an expert for over 25 years on the holistic approach to the emotional, physical, and nutritional needs of dogs, cats, and birds. Founder and president of Earth Animal, a retail outlet featuring natural remedies and health food for pets, she also runs the Healing Center for Animals' nutritional telephone consultation practice. The Goldsteins publish *Love of Animals*, a natural care newsletter with over 4,000 subscribers. The parents of two human daughters, they live and work with many animals in Westport, Connecticut.